# From Gastronomy Tourism to Creative and Sustainable Tourism of Gastronomy

**Case Study: 30 Tir Street Food in Tehran** 

Mehrnoosh Bastenegar\*

Assistant Professor, Institute for Technology Development, ACECR, Tehran, Iran.

Abstract | Tourism and gastronomy together are as old as tourism and gastronomy. Nowadays the systems of these twins are so developed that they can secure social and economic prosperity and well-being of societies and control environmental hazards by focusing on creativity, local and indigenous art and culture. Such sustainable development depends on innovation and the adoption of innovative approaches in solving civil problems. Although the street food seems to be only a place for slow and strolling tourism at first glance, if the managers and urban planners can support and reinforce the creative and related industries in the creative tourist paradigm, one can hope that the larger local community will find better livability and better prosperity.

In this study, for answering the main question, "what kind of activities should be done on the sidewalks of 30 Tir street in Tehran to be sustainable as a creative gastronomy tourism?", a qualitative research method is used and by conducting library studies, observing, interviewing and holding the expert panel, performing 77 activities is represented as a response. These activities are in fact the expected services of business ecosystem based on creative gastronomy tourism, only 7 of them are currently running on 30 Tir street in Tehran, and the rest are the road map development of this pedestrian street, which are considered as the main findings of this research. Among the priorities of this roadmap, being in harmony with the historical and cultural textures of the neighborhood and relation with it was associated with the consensus of the expert panels.

Keywords | Creative Gastronomy Tourism, Street Food, Tehran's 30 Tir Pavement Street.

Introduction | The concept of the experience economy (Pine & Gilmore, 1998; Schulze, 2005) has accelerated the emergence of new attractions and cultural events in cities (Ashworth & page, 2011). Symbolic concepts and meanings have determined the economic value of goods and resources such as culinary arts, music, clothing, intellectual and subcultural traditions that have been able to deliver unique and competitive features to one place. Since there is no ending for creativity, it can be said that culture and creativity are new solutions to the sustainable development of societies.

\*Corresponding Author: mnegar51@gmail.com +989195159323 In developed countries, tourism has a special place such as a cognitive system and a meta-system of economic and social development. In Iran, tourism can also be a model of endogenous development without relying on oil.

The creative tourism paradigm invites travelers to engage in empirical activities and deep relations with the real life of the target community. This sustainable form of tourism distinguishes the destinations (Richards & Wilson, 2006) and is an effective factor in the restructuring, recreation, and development of destinations (Yozcu & Icoz, 2010). Today, creative and educated tourists are seek to make sense of their lives and gain more knowledge, and recognize their personal experience (UNESCO, 2006). They are no longer just passive leisure consumers and want to

enrich their leisure time with creative experiences (Singh, 2004). They take part in creative activities at a destination, provide opportunities to learn new skills and build close ties with local people and their cultural heritage (Richards & Wilson, 2006).

On the other hand, many small creative firms are looking for new markets for development. Especially as the popularity of creative things like music, dance, cooking and so on is growing.

Therefore, the capacity of industries, cities and creative people can accelerate the slow tourism. Understanding the economic capacity of culture-based creativity is a development tool and a potential solution to many economic, social and environmental issues (Korez-Vide, 2013). The main reason for emphasizing creativity in tourism is to promote a special atmosphere for locals and visitors to breathe in a same place and enjoy the attraction. Diversity in the socio-cultural textures is one of the key basements of creative processes and activities that our country enjoys it

It should be noted that "slow philosophy", which is a high-speed response in industrial societies, can be the driving force behind the development process of the tourism channel. This philosophy states that "slow-footedness" in life leads to a density of pleasure. Slow life is always more meaningful, ethical, and aesthetically more pleasing. This concept has been particularly demonstrated in "slow foods". This approach has led to the development of slow tourism destinations to conquer market segments that are trying to create soft experiences related to local cultural heritage (Fernandes, 2011). Slow tourism also means a sort of release and drowning in the destination; a kind of sauntering and strolling in the positive sense that the tourist has the opportunity to meet local people, foods, and customs and enjoy them.

Street foods are urban attractions that have the potential to attract creative tourists, postmodern strollers, and those who want to experience slow food. In this study, in order to improve and develop the 30 Tir street food, which is a concern of the urban management of the area, we attempted to provide an answer to the following main and explorative question.

# The main research question

The main question of this research is, "what kind of activities should be carried out in the sidewalks of 30 Tir street in Tehran in order to be considered sustainable as a creative gastronomy tourist attraction?"

### **Research method**

This is qualitative research and is based on the post-positivism paradigm. It is a study in which the primary task of social science is to understand and interpret matters rather than scientific predictability and the discovery of general rules. In this study, the observer and the observed are intertwined and the researcher cannot study the facts independently of the values (Zargar, 2007).

In order to find the answer to the research question, the operation process has been carried out according to Fig. 1. As can be seen in Fig. 1, to find the answer to the research question, the researcher first discusses 30 Tir Street in Tehran (Street Food) in a conceptual model of creative tourism to determine whether this food street can be studied in concept and the background of creative tourism or not. Then the current status of 30 Tir Street is examined as a food tourist attraction.

It should be noted that the author has designed the conceptual model of creative tourism in his earlier published research work (Bastenegar, Hasani & Khakzae befroui, 2017) and an exploratory study also developed the services of the business ecosystem with the creative gastronomy tourism platform through thematic analysis and validation from the expert (Bastenegar, 2018). Thus, this study based on the services of a creative food tourism ecosystem in Tehran aimed to provide for 30 Tir Street optimal solutions as a creative and sustainable tourist attraction of gastronomy. In the present study, data collection was performed using the following two methods:

Direct observation: The presence of the researcher on the sidewalk of 30 Tir food Street in Tehran and observing the existing space and conditions and interaction with the sellers and buyers of the offered food.

Interview: open and in-depth interviews with experts and holding expert panels<sup>1</sup>.

### Users of research results

The main beneficiaries of this research are trustees and policymakers of the Tehran municipality. However, the creative industries and tourists can also recognize their roles and optimize interactions and collaborations with other members by enhancing their knowledge about the creative tourism ecosystem services of gastronomy.

### **Tourism and food**

Today, gastronomy<sup>2</sup> as the focus of tourist experience plays an important role in enhancing competition between destinations. Catering and food consumption has become a global industry that tourism is an important part of it and like other services and experiences that consumers enjoy in postmodern societies, a distinct system of production and distribution has emerged that can be introduced as one of the cultural and creative industries (Hjalager & Richards, 2003).

There is a strong relationship between food and identity, and any attempt to change food habits is such as an offense to national and individual identities. There is also a

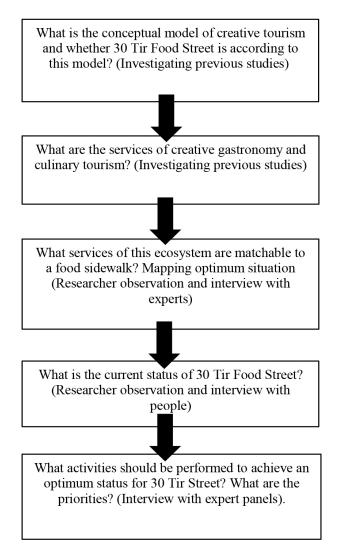


Fig. 1: Research Implementation Process. Source: Author.

natural relationship between the land of a region and the foods there, so that this geographical diversity has made the culinary traditions different (Hughes, 1995). This link between the place and gastronomy is itself a tourist attraction so that some in their classifications of tourist attractions have introduced gastronomy ways as a cultural product of tourism (Munsters, 1996).

Tourists often like to try local cuisine, which increases the demand for food production and hospitability services. They also often seek different ways of preparing and delivering food which stimulate innovation in production and distribution. Furthermore, the development of an attractive food tourism market can also help to increase the quality of life while attracting new visitors, preserving residents and ultimately boosting the image of destination as the economy grows.

Food not only shapes tourism structure but also plays an important role as "souvenirs" (Richards, 2012). Therefore, finding ways to add value to food experiences to make it more memorable is essential.

# Conceptual model of creative tourism and food street

Creative tourism with the slogan of "less museums, more squares" goes beyond just visiting historical monuments and natural landscapes; it focuses on experimental activities, deeper interaction with local community life and participatory observation in which all the five senses of the tourist are involved in creating his unique experience.

Raymond defined creative tourism as a sustainable form of tourism and showed that holding interactive art and cultural workshops in small groups allow visitors to discover their creativity in meeting local people (Raymond, 2007). Creative tourism is not as dependent on the location as cultural tourism since creative tourism employs resources which in their main nature are a kind of process (such as local singing, crafts, painting, cooking, festivals, etc.). As a result, they are more sustainable than cultural tourism which is based on the use of artificial environments. Therefore, according to the researchers, creative tourism plays an important part in the development of the target community.

Creative tourism is a way to increase social capital (Richards & Marques, 2012). Since producers and consumers can switch their roles and form relationships that have evolved from the seller-buyer relationship to a master-student one.

Although the definitions of scholars in the field of creative tourism may focus on different points, they have the commonalities of "active participation", "authentic experiences", "development of creativity capacity", and "skill development". It can be said that in the tourism paradigm, "active consumption", "intangible heritage and culture", "development of visitor's self-confidence and self-awareness" are the keywords. It can be expected that the creative tourist learns about arts and crafts, designing, cooking, health, and treatment, language, spirituality, nature, sports, games and traditional entertainments, music, dance, movies, and other creative media.

Since creative tourism can be placed in a range of supply-oriented to demand-oriented, as well as a continuity from target-oriented to activity-oriented, by combining the two aforementioned areas, the researcher has designed a conceptual model for creative tourism. In this quadruple model, each room is presented with the titles of "creative tourism ecosystem", creative landscape", "creative industries" and "creative class", which can represent different aspects of creative tourism. This conceptual model is presented in Fig. 2.

In the "creative tourism ecosystem" which is shaped by the convergence of demand-oriented and supply-oriented, the interactions of formal and informal networks are at the highest point, and the local community plays a critical role

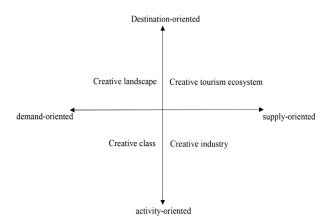


Fig. 2: Conceptual Model of Creative Tourism. Source: Bastenegar et al., 2017.

in the realization of creative tourism process. Cultural and creative industries and clusters, infrastructures, structures, facilities, and destination resources are heavily involved in this creative tourism area. In this case, the place itself is a part of creative experience and a sign of its authenticity. In the second quarter, the emphasis is on creative industries that allow creative activities for tourists. In this case, since the performed activity is not presented in a particular region and culture, the experience authenticity is somewhat diminished. Creative industries are often small businesses; they are the coincidence of art, business, and technology, and include tangible products and intangible spiritual services with creative content, economic value, and marketability. The creative class quarter shows creative tourists whose skills and interactions are emphasized. The fourth quarter, the creative landscape, is an original nature or artificial destination that has aesthetic value for the creative tourist and is followed by sense-making and identity formation. The creative landscape can become a place for creative narratives (Bastenegar et al., 2017).

According to Figure 2, it seems that street food can be promoted as creative tourism which is defined in the second quarter of the mode. In other words, Food Street is more based on creative supply and activities. As stated in the designed model, the focus of this part (Fig. 2) is on the creative industries and their development will lead to the development of creative tourism.

# Kinds of creativity in the city

Different scholars have expressed different opinions on how cities are created and how creativity is expressed. Some scholars have focused on "learning" and have stated that if the urban space will lead to more learning, it is more creative. Some have focused on the concept of "intelligence" and its dimensions, i.e. verbal, numerical, digital, social, visual, spatial, natural, physical intelligence and so on. For example, natural intelligence by creating spaces for people to interact more with the nature in the city, physical

intelligence by creating sports spaces in the city, mathematical intelligence using, for example, multiplication tables on the sidewalks, collective intelligence with a field to gather people in the city, and visual intelligence can be created due to the aesthetic elements of urban space. Other scholars have a process-oriented view of ensuring that all citizens participate in the design process. They believe that creativity is in the context of citizens' behavior, although the product does not appear to be creative. Some have emphasized the existing "scientific, cultural and artistic resources" in the city.

It seems that food street is stimulated and reinforced by gathering people around the gastronomy industries and related creative industries. However, enhancing visual intelligence and learning cannot be denied.

# Creative and sustainable tourism on the urban food street

In previous research, the services of a business ecosystem with the platform of creative gastronomy tourism, consisted of 138 activities, presented in a twenty-five classification (Bastenegar, 2018, Hasani & Bastenegar, 2017).

In the present study, this list with 138 lines is the base of research and the researcher has finally obtained the following list of 77 lines (Table 1) by observing and interviewing the experts and finding their agreement or disagreement with regard to each line. In other words, 77 activities out of 138 ecosystem activities of creative gastronomy tourism can emerge and run on an urban sidewalk.

In the second phase, by observing, presenting and interacting with tourists of the sidewalk and their answers, the researcher concluded that only seven activities are currently running in this food street (the dark rows in Table 1).

Thus, other seventy activities that are shown in Table 1 in light color are in fact the road map of 30 Tir Food Street development and the urban management must incorporate the extension of these services into their plans.

### **Discussion and conclusion**

Gradually, tourists show more tendency to learn and increase their cultural capital to create new food experiences, and gastronomy tourism is an important aspect of emerging creative tourism paradigm in which tourists can enjoy food, cooking, food properties, customs and other creative processes associated with it.

This kind of tourism plays an important role in the creative revitalization of cities and neighborhoods. Creating such a mixed atmosphere of confrontation between tourists and local people requires formal and informal networks, in addition to physical infrastructures.

This study aimed to develop creative and sustainable tourism in Tehran's 30 Tir food street. Table 1 is considered as

an achievement of this research based on observations and interviews with experts. According to the main question of this research, "what kind of activities should be carried out on Tehran's 30 Tir sidewalk to be sustainable as creative gastronomy tourism attraction?", according to Table 1, the followings can be considered as the main priorities. These priorities are discussed and summarized by the researcher in the Expert Panel at the Opinion Research Institute in collaboration with the author.

- 1. Providing legal, lawful and financial support for the creative industries and NGOs in the field of food and related industries; since the diversity of species in an ecosystem guarantees its survival. Increasing job opportunities in the field of gastronomy and related industries is also a serious activity that planners and executives of 30 Tir Food Street pay attention to it.
- 2. Recognizing all stakeholders of the sidewalk and trying to establish a win-win relationship with them; because if some businesses and local community are not satisfied with the created space for any reason, the continuity and sustainability of the pavement will be accompanied with more risks. 3. 30 Tir Food Street should be associated with the neighborhood's cultural and historical heritage and museums and should be in harmony with them. 30 Tir Street is also called "Religions Street" because mosques, synagogue, and church are located next to each other. Furthermore, there are many cultural, historical and museum buildings, including the National Museum of Iran or the Museum of Islamic Era. The Complex of Mashq Square and Officers' Cub and Pearl Cannon cannot be overlooked. Abgineh Museum, the old monument of the Prophet Ebrahim Mosque, a historical pavement for the period of Pahlavi at the intersection of Jomhouri Street and 30 Tir Street, the Adrian Fire Temple with a fire dating back to several thousand years ago, Atabak Garden (where Sattarkhan and Baqirkhan were hiding there), the Armenian Museum and so on, all these places show the historical and cultural texture of this street and neighborhood that if the food street cannot be in proximity, it will experience unstable conditions.
- 4. Developing creative ecosystems are successful if the bottom-up approach is replaced by top-down approaches of the city development. It means that strategies will lead to sustainable development that will be able to empower self-confidence and social cohesion and connect the local community, from indigenous minorities to academic elites and scholars. Creating social equity to the extent of municipal management of the area and increasing social capital through transparency and attraction of local community participation, elimination of social discrimination and cul-

tural and legal tolerance can contribute to a sustainable food street based on eco-creativity. In this respect, creating the space and infrastructure for talking, idea generation and converting an idea to a product, which has the social openness and openness of dialogue with all its materials, should also be considered.

- 5. Contrary to the past that cities were formed alongside industrial centers, today culture is the city's main asset, and this is the reason for preference of human over cars and pedestrians over riders in developed cities. The material of this paradigm shift is attention to pedestrian life in cities and strolling and sauntering in cities and attention to night lightning. Furthermore, special attention is paid to the population and the hidden part of society, i.e. physically handicapped and motor impairment, which must be involved in the development of food sidewalk.
- 6. Development of green spaces and greenways, attention to environmental health and sustainability, the implementing of policies and systems of collecting and recycling waste and sewage, the need to serve fresh and healthy organic foods in organic containers and nature patron and also in a long-term view, making Eco Park alongside the gastronomy pavement is also one of the promising areas of sustainable development.
- 7. Smart city, smart tourism, smart or digital sidewalks are also keywords that are gradually becoming normalized and it is not acceptable to put it aside. Shorter-term offers may include free Internet access or charger installation on the sidewalk. Furthermore, applications of reserving food on the sidewalk and other related services can also increase its attraction.
- 8. Organizing food festivals and related events, as well as experience-based training, especially for children and adolescents, and in this regard, the development of a street university or a tasting school can be effective in promoting the quality of a food pedestrian.

By executing these priorities, managers and policymakers of 30 Tir Street Food in Tehran will find the way for the development and implementation of the seventy articles of Table 1. As the researchers have pointed out, it is only having comprehensive strategies that make the creative city successful and invincible (Sasaki, 2010). Creativity plays an important role in making competition among places, destinations, and tourism, although the primary goal is not performing different projects of creative development, it should be one of its major achievements (Florida, 2014). An achievement in positive feedback contributes to development since tourism is a development and an extension of daily life.

Table1: Services of the Creative Gastronomy Tourism Pedestrian Ecosystem. Source: Author.

Row	Services	References
1	Development of clean (renewable) and efficient systems	Khatiri, Hesam, Rafiei & Alikhani, 2015; Haji Norouzi, Jamal Azerieh, & Mahouti, 2013; Akbari Motlagh, 2011 https://en.unesco.org/creative-cities1
2	5. Holding an international food festival	https://en.unesco.org/creative-cities
3	7. Promotion of healthy food consumption	Rasht Municipality, 2015; Jarábková & Hamada, 2012 Suet Leng & Badarulzaman, 2014; https://en.unesco.org/ creative-cities
4	10. Strengthening and development of NGOs in the fields of tourism, gastronomy, and creativity	Hjalager & Richards, 2003; https://en.unesco.org/creative- cities
5	15. Providing travel card services	Radmand, 2014
6	17. Innovative and direct supplying of agricultural products	https://en.unesco.org/creative-cities
7	22. Empowerment and finance supporting of the private sector and creative gastronomy tourism	Jarábková & Hamada, 2012; Babaei Hemmati & Mousavi, 2014; Haji Hosseini, Ashtari & Mehdinejad, 2014
8	23. Affordable and inexpensive workplace for the creative industries	https://en.unesco.org/creative-cities
9	24. Development of creative industries and clusters in the field of gastronomy and related creative industries.	Korez-Vide, 2013; Lee, Wall & Kovacs, 2015; Richards & Wilson, 2008; https://en.unesco.org/creative-cities
10	26. Increasing job opportunities in the field of gastronomy and related industries.	https://en.unesco.org/creative-cities Rasht Municipality, 2015; Akbari Motlagh, 2011
11	27. Empowering women for entrepreneurship in the gastronomy field and related creative industries.	Rasht Municipality, 2015; https://en.unesco.org/creative-citie
12	28. Offering auxiliary products and complementary gastronomy services	Fernandez, 2010
13	29. Integration in the fields of gastronomy, tourism, and local economy	Hjalager & Richards, 2003
14	32. Perspectives for understanding gastronomy	Hjalager & Richards, 2003
15	33. Holding creative gastronomy tours	Lee et al., 2015
16	36. Development of native and traditional boarding stations	Rasht Municipality, 2015 https://en.unesco.org/creative-cities
17	37. Holding gastronomy events	Jarábková & Hamada, 2012; Lee et al.,2015; Richards, 2014b Richards, 2012; Suet Leng & Badarulzaman, 2014
18	39. Monitoring the satisfaction of creative tourists and being responsive to them	Korez-Vide, 2013
19	40. Development of tourism game	Richards & Wilson, 2008
20	42. Organizing ethnic-food festivals	https://en.unesco.org/creative-cities
21	43.Holding Gastronomy festivals	Rasht Municipality, 2015; https://en.unesco.org/creative-cities
22	45. Teaching cooking skills and plant cultivation skills to tourists	Fernandez, 2010; Lee et al., 2015; Fernandes, 2011; Bardone, Rattus & Jääts, 2013
23	46. Creative tourism as a complementary educational activity for students	Fernandez, 2010
24	47. Establishment of urban democracy and participation of the local community in the development of city clearly and transparently	Abdoli, Khalili, and Sobhani, 2015; Rabazauskaite, 2015 Suet Leng & Badarulzaman, 2014
25	48. Increasing the hope and joy index and reinforcement of the sense of responsibility in the city	Sadeghi, Shams Dehkordi & Esmaeili, 2015; Haji Hosseini et al., 2014; Sheikh Biglu, 2015
26	49. Social equality	Rahimi, Mardaliali, Daha & Fallahzadeh, 2013; Korez-Vide, 2013; https://en.unesco.org/creative-cities

Row	Services	References
27	50. Creating equipped kitchens to enhance the skills of poor people	https://en.unesco.org/creative-cities
28	51. Strengthening the role and impact of civil society organizations in the development of the creative sector	https://en.unesco.org/creative-cities
29	52. Attracting and retaining the elite and creative and expert class	Babaei et al., 2014; Haji Hosseini et al., 2014; Sadeghi et al., 2015; Jarábková & Hamada, 2012 Nelson, 2015
30	53. Creating space and infrastructure for talking, producing idea and conversion of idea into a product	https://en.unesco.org/creative-cities; Sadeghi et al., 2015
31	54. Developing a culture of tolerance in the city (tolerance)	https://en.unesco.org/creative-cities
32	55. Establishment of local food centers (to access healthy food, reduce waste, and increase job opportunities, and so on)	https://en.unesco.org/creative-cities
33	56. Eliminating social, economic and environmental barriers to creativity	Haji Hosseini et al., 2014
34	57. Holding an event or competition to innovate in the gastronomy	https://en.unesco.org/creative-cities
35	58. Providing a variety of food programs for universities, high schools, and educational institutions to support regional cuisine culture	https://en.unesco.org/creative-cities
36	62. Innovation and improvement of technology in food packing (food as souvenirs)	Rasht Municipality, 2015; Hjalager & Richards, 2003 Richards, 2014b; Richards, 2012; Rabazauskaite, 2015 https://en.unesco.org/creative-cities
37	65. Supporting gastronomy professors and chefs	https://en.unesco.org/creative-cities
38	67. Organizing a biennial award for the best restaurants	https://en.unesco.org/creative-cities
39	68. Holding workshops to integrate gastronomy with other arts	https://en.unesco.org/creative-cities
40	72. Organizing free exhibitions for food products and introducing producers	Rasht Municipality, 2015 https://en.unesco.org/creative-cities
41	78. Investing in food-related capabilities	Rasht Municipality, 2015 https://en.unesco.org/creative-cities
42	83. Inclusive presence of delicatessen and mobile restaurants	Suet Leng & Badarulzaman, 2014
43	85. Holding film and book festivals to promote a culinary culture	https://en.unesco.org/creative-cities
44	86. Non-formal (street) education of gastronomy	Richards, 2014b Rabazauskaite, 2015
45	87. Teaching optimum use of resources for local people and tourists	Fernandez, 2010
46	88. Development of green spaces and greenways	Akbari Motlagh, 2011 Khatiri et al., 2015
47	89. Attention to environmental health and sustainability	Khatiri et al., 2015 Suet Leng & Badarulzaman, 2014 https://en.unesco.org/creative-cities
48	90. Implementing policies and systems for the collection and recycling of waste and sewage	Fernandes, 2011; Fernandez, 2010
49	91. Providing innovative local solutions for environmental and social issues of the city	Akbari Motlagh, 2011
50	92. Environmental training	https://en.unesco.org/creative-cities
51	93. Creating an Eco Park	https://en.unesco.org/creative-cities

Row	Services	References
52	94. Social and environmental research	Sadeghi et al., 2015; Khatiri et al., 2015; Haji Norouzi et al., 2013; Akbari Motlagh, 2011; Suet Leng & Badarulzaman, 2014; Korez-Vide, 2013; Fernandez, 2010; https://en.unesco.org/creative-cities
53	95. Research in the field of gastronomy	Rasht Municipality, 2015; Hjalager & Richards, 2003 https://en.unesco.org/creative-cities
54	97. Creating a gastronomy brand	Suet Leng & Badarulzaman, 2014; Richards, 2012
55	100. Quantitative and qualitative development of physical and mental health of citizens and tourists	Lee et al., 2015
56	101. Development of public spaces (cultural and artistic)	Jianpour, Movahedi, Shahzidi & Bagheri, 2017; Hajihosseini et al., 2013; Sadeghi et al., 2015; Sheikh Biglu, 2015; Abdoli etal., 2015; Fernandes, 2011
57	102. Development of leisure facilities and places	Jarábková & Hamada, 2012
58	103. Development of art	Hajihosseini et al., 2014; Abdoli etal., 2015; Fernandes, 2011 Booyens & Rogerson, 2015 https://en.unesco.org/creative-cities
59	104. Protecting the cultural heritage of the city	Ohridska-Olson & Ivanov, 2010
60	105. Protecting the identity and traditional culture of the city by performing projects and cultural-gastronomy events	Akbari Motlagh, 2011
61	109. Performing live music and concerts in the city and restaurants	Haji Hosseini et al., 2014; Sadeghi et al., 2015; Rasht Municipality, 2015; https://en.unesco.org/creative-cities
62	110. Performing shows and storytelling programs for gastronomy tourists	Rasht Municipality, 2015; Richards & Marques, 2012 Pera, 2017; https://en.unesco.org/creative-cities
63	111. Organizing local art exhibition and crafts related to gastronomy	Jianpour et al., 2017; Rasht Municipality, 2015 https://en.unesco.org/creative-cities
64	112. Make a relation between the city's historical heritage and gastronomy	https://en.unesco.org/creative-cities
65	115. Developing smart hosting systems	Richards, 2014a
66	117. Creative and brave urban management	Abdoli et al., 2015
67	118. Developing creative urban space and elements	Haji Hosseini et al., 2014; https://en.unesco.org/creative-cities
68	119. Increasing lighting hours and night work	Richards, 2014a
69	120. Beautiful, new, and efficient urban services and facilities	Abdoli et al., 2015; Jarábková & Hamada, 2012
70	121. Cultural-civil projects specified for gastronomy	Jarábková & Hamada, 2012
72	124. Human-centered development in designing communication networks	Jianpour et al., 2017; Akbari motlagh, 2011; Fernandes, 2011 Richards, 2014a; Bardone et al., 2013; Jarábková & Hamada, 2012
73	125. High-speed Internet access	Haji Hosseini et al., 2014
74	126. Creating a smart city	Sadeghi et al., 2015; Haji norouzi et al., 2013; Akbari motlagh, 2011; Jarábková & Hamada, 2012; Lee & et al, 2015; Chang, Backman & Chih Huang, 2014 https://en.unesco.org/creative-cities
75	136. Attention to children and adolescents as future capitals	Akbari motlagh, 2011
76	137. Creation and maintenance of spiritual gastronomy	Jianpour et al., 2017; Lee & Lee, 2015; Hjalager & Richards, 2003
77	138. Providing safety and security of tourists and local community	Akbari motlagh, 2011; https://en.unesco.org/creative-cities

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#### Endnote

- 1. The audial file of professional sitting and workshop of new theories 38 with the subject of 30 Tir Street and pedestrian life, new looking at the creative tourism ecosystem that was held on 28th December in 2018 in the NAZAR Research Institute with experts are present in the Research Institute.
- 2. Gastronomy is the art of choosing, preparing, serving and enjoying a good food. Britannica Encyclopedia British, 2000.

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